BOYCOTTING COOKS

FOLLOWING are a few attractive desserts that the most conscientious ner from eggs may serve without

Apple Sauce Pudding.

Cream together one tablespoonful of butter and a scant cupful of sugar; then beat in one cupful of strained apple sauce, half a teaspoonful of sait, one teaspoonful of ground cinnamon, half of a grated nutmeg, one teaspoonful of baking soda dissolved in a little hot water, two cupfuls of sifted flour and a small cupful of chopped and seeded raisins. Mix the ingredients thoroughly, turn into a ring mold that has been well greased and bake about forty minutes in a moderate oven. Serve hot with hard sauce, flavored with sherry.

Checolate Bavarian Cream.

Cover the contents of half a box of gelatin with half a cupful of cold water and let it soak for half an hour. Grate two ounces of chocolate, add it to a pint of boiling milk with half a cupful of sugar and the gelatin and stir until all the ingredients are dissolved. Take from the fire and flavor with a scant tesspoonful of vanilla extract, turn into a bowl and beat with an egg beater until it begins to thicken. Have in readiness half a pint of whipped double cream, fold this into the gelatin preparation and pour into an ornamental mold. Set on the ice to thill and harden. Serve unmolded accompanied by a cream sauce.

Grape Julce Water Ice.

Grape Juice Water Jos. Boll together one quart of water and pound of sugar for five minutes. Repound of sugar for five minutes. Renove from the fire and when cold add
ne pint of unfermented grape juice
nd the strained juice of one lemon.
aste to see if it is sweet enough and
reeze in the usual manner. Serve in
mail crystal sherbet cups, ornamented
ith a few crystallized cherries.

Nut Charlotte.

Nut Charlotte.

This dessert may be prepared in cout ten minutes. Have half a pint double cream thoroughly chilled. In two tablespoonfuls of cold righ lik and with an egg beater whip the eam until it will stand alone; then any gradually add a small cupful of araschino cordini, sugar to taste, one likespoonful of chopped cherries and small cupful of chopped nut meataurn into a glass bowl which has been ned with lady fingers and set on the e for half an hour before serving.

Jam Rely Poly.

Free five cunces of suet from fiber and skin, have it very cold and chop very finely with half a pound of four and half a teaspoonful of salt. Mix and nobely makes any bones—if one may thus refer to pretty ankles—nowmake a paste that can be handled. Rell adays of showing several inches of make a paste that can be handled. Roll and any of showing several inches of the out on the floured pastry board to about one men in thickness, agreed over it a pint of any preferred fruit jam, roll it up and tie securely in a well doured cioth, leaving plenty of round for it to swell. Put the pudding a dollar liste honiery used, to do duty into a pot of actively boiling water and boil for two bours and a half. Serve with hard sauce.

Indicate that can be handled. Roll and days of showing several inches of the person atocking is a plain dark strict boots!

Sometimes 320 or 325 is paid for a pair of evening stockings and bridal hose. Medallioned with rose point and bout on the floured pastry board to the anatomy above the alipper or boot days of showing several inches of the anatomy above the alipper or boot days of showing several inches of the floured pastry board to the anatomy above the alipper or boot days of showing several inches of the floured pastry board to the floured cloth or such the floured pastry board to the floured cloth or such the floured pastry board to the floured cloth or such the floured pastry board to the floured cloth or such the floured pastry board to the floured cloth or such the floured pastry board to the floured cloth or such the floured pastry of tan tone, though occasionally like in the anatomy above the alipper or boot darks the floured pastry of tan tone, though occasionally like in the floured pastry of tan tone, though occasionally like in the floured pastry of the floured pastry of tan tone, though occasionally like in the floured pastry of tan tone, the floured pastry of the floured pastry of such the floured pastry

Coquetry Unprecedented In Hosiery and Footwear



THE ANIMAL FAD AS DISPLAYED IN STOCKINGS.

ered on the silk with tiny gold beads tango stocking is shown. Woven into the silk mesh of this fiesh tinted model is a black tango boot imitating the laced cothurns so much in favor at the

Sock stockings are striking if not pretty. The upper part of this freak-ish stocking is of flesh tinted silk, the lower part, of some dark color. The line, of demarcation comes just above the top of the buttoned walking boot,



dainty bronze beaded slippers with THIS is the age of the utilitarian, for smart striped stocking for wear with a buttoned street boot, the stripes of flesh tinted silk and dark gray silk having a startling effect above the complished this feat. She had among with carved ivory knobs. Combining A clocked stocking of novel style is these two treasures, she made a lamp



AN EMPIRE SHADE IN DU BARRY

SILK to show that an old paresol of bygone days and style is being used.

days and style is being used.

In some cases the ribs are removed entirely, and the parasol covering put on a wire frame, though the triangular pieces forming the top show plaintly that it was originally a substante. The main idea is to keep the parasol effect and not have the lamp shads look like a modern covering patterned

Now that lace lamp shades with bright brocade linings are so modish the possessors of old fashioned lace carriage parasols should make use of so that the foot appears to be incased in the dainty boot and the silk sock, juvenile fashion.

To talk of shoes, not in years has footwear displayed such unprecedented coquetry. Most boots worn with afternoon costumes have buttoned tops of contrasting material, usually kid in the contrasting material, usually kid in the contrasting material.

How High Is Your Kitchen Sink? PROPERTY OF THE PROPERTY OF THE PROPERTY OF THE



COMFORTABLE WAY OF WASHING: DISHES

So many women who do their own housework complain of backades after much dishwashing, and they womder why this is the case. An easy smough question to answer, madam. Tour kitchen sink is too low. Raiss the sink and that is momention with the sink and that is momention with the sink and that is worthy of attended the drain, which is worthy of attended the drain that the dra

THE STANDARD

These are not the attributes usually associated with the idea of the "real lady." There you are, however.

The purchaser was in the height of fashion so far as her attire could make heard by a customer.

But must she be "a real lady" because her clothes were so expensive?

The true gentlewoman is not given to ultra extravagance in dress. It is a sign of unbalanced temperament and assign of unbalanced temperament and the original owners, the little furry animals.

ARTICLE NO. 2

encouraged by careful attention to the actually relieved. Yet she had been mother's diet, says Anna Steese Rich-forcing herself to drink the malt be-

pork and veal. Fish may occasionally suffering from shock of any sort. The be substituted for meat, and eggs are mother who is very tired from her desirable if they do not create a bilious household duties should sit or lie down

THE natural, the best food for the newborn babe is mother's milk. And the Creator has given the average woman strength to nourish her child in this natural way. Sometimes, precisely the same effect on the baby. child in this natural way. Sometimes, directly after the baby's birth, the mother is very weak; then well meaning but interfering relatives and advisers urge her to wean the baby 'at once, when with a little patience the supply of milk would be ample. Unless the mother is anaemic or suffering from constitutional or acute disease the baby will thrive best on mother's milk, and the ability to nurse the baby until a safe time for weaning can be encouraged by careful attention to the actually relieved. Yet she had been ardson in the Woman's Home Com- cause an elderly neighbor had told her

panion.

A well balanced diet, made up from a variety of foods which the mother craves, will nourish both mother and child.

Meat that is easily digested, like chicken, beef and lamb, is better than

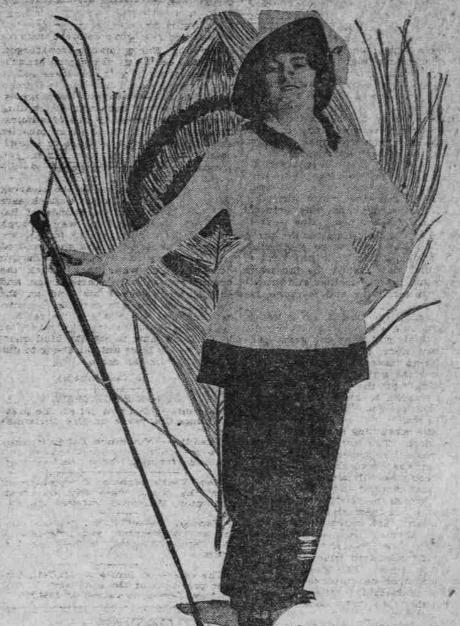


GRAHAM cracker cake is delictous made by the following recipe:

pans about twenty-five minutes. Put the layers together with mocha frosting. Spread mocha frosting lightly over the top and sides; then decorate the top and sides with the rest of the frosting. Use a pastry bag and very small five pointed tube in piping the frosting. The cake may be baked in a dripping pan and cut into individual

Beat half a pound of butter to a cream and gradually beat in two cupfuls and a half of sifted confectioner's sugar and a scant quarter of a cupful

Striking Contrasts Are Notable



STUDY IN BLACK AND WHITE.

VERY striking is the combination of black and white in this restaurant costume. There is a touch of black fur on the collar, and a band of black veivet softens the juncture of the white tunic and black velvet skirt. A black and in some cases with regulation tailored white hat and black buttoned boots complete the smart effect,

LOOK INTO THIS, GIRLS

WHEN the girl who is obliged to earn her own living graduates from high school or college her first thought in selecting a vocation is that of school teaching. She is apt to overlook the fact that one of the pleasantest and most profitable of professions open to women nowadays is that of physical training and recreation Indeed, it pays much better

than teaching in a college.

Any girl, provided she has the physical makeup for the work, may fit here self for this calling. The work itself is vigorous and wholesome and especially well worth doing as a form of

service to the community.

If a girl decides on this line of study she should first look over the variation normal colleges which prepare for this work and it possible consult an expert on physical education in her own town. When she has decided upon the best school she has only to give herself conscientiously to the work planned by her instructors and to make a note of all the work in the playgrounds that come her way.

After several years, training she should be prepared to pass the exami-nation of the civil service board in a large city and in this way get a good appointment or to obtain a position di-

rectly in a smaller town.

Not only the regular school work is open to the physical director, but all kinds of recreation and playground teaching. This kind of physical instruction is obtainable, too, at avening

DON'T BE A SLAVE TO A MEMO-

RANDUM BOOK. MANY women never go shopping without first making an accurate list of everything they intend to purchase or inspect. Many others never plan their housework without making a minute list. Every time they do this they are weakening their powers of memory and becoming more and more dependent upon pencil and paper. For very long lists pencils and paper are all right, but if people would accuston themselves to remembering little would soon be surprised to find hos their powers of detailed memory were

GARTERS FOR THE SLIT SKIRT TROUSER garters, or, as they are sometimes called, tango garters are coming into quite general use They are, as you doubtless know, s very tight garter, trimined with rhine-stone buckles and chiffon flowers, from which hangs a plaited flounce of chif-